



Maidenhead & District Cycling Club

www.maidenheadcc.org.uk

Hilly 30 Time Trial 5th September 2021

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Event Secretary

Andrew Payne
43 Birdwood Road
Maidenhead
SL6 5AP
07782 311 830

Timekeeper

Andrew Small

Headquarters

Lane End Youth & Community
Centre
Edmonds Road
Lane End
HP14 3EJ

Course Records

Men : Ollie Hucks (Sept 2020) 1:03:29

Women : Lauren Davies (Sept 2020) 1:14:56

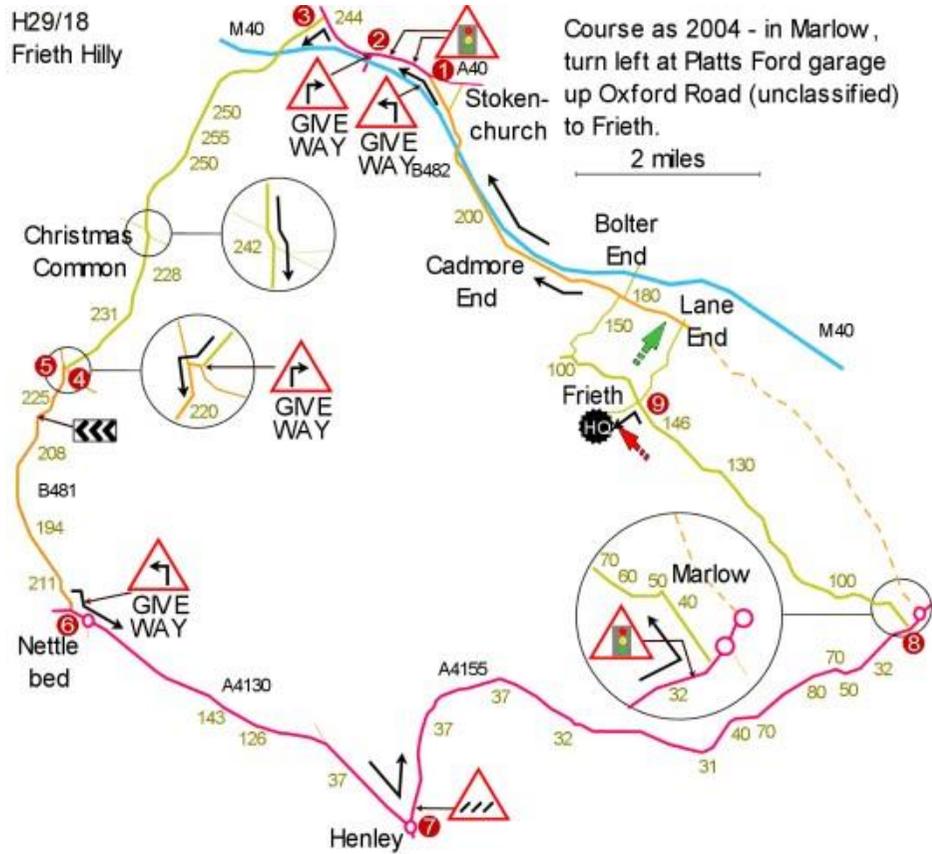
Prize List - Prizes will be provided by cheque or bank transfer after the event.

Men	First £20, Second £10, Third £5
Ladies	First £20, Second £10, Third £5
Espoir	First £20
2-Up	First £20 (£10 ea), Second £10 (£5 each)

New Course Record

Men, Women £20

Refreshments – due to complications with the hall booking process and covid restrictions, refreshments will not be provided. However, I expect hot and cold water can be made available.



Course Details

Location of Sign-on and Numbers

Restriction of Parking at Start and Finish

No vehicles, except those of the timekeepers to be parked at the start or finish. Please use the parking provided at the HQ or local residential road.

The start is a 5min up hill ride from the HQ 0.8miles – see map below.

Emergency Phone Number

Phone 07703-405-101 if you need assistance during the event.

Safety First !

We recommend that all riders wear a hard shell helmet and a fit working rear light is mandatory

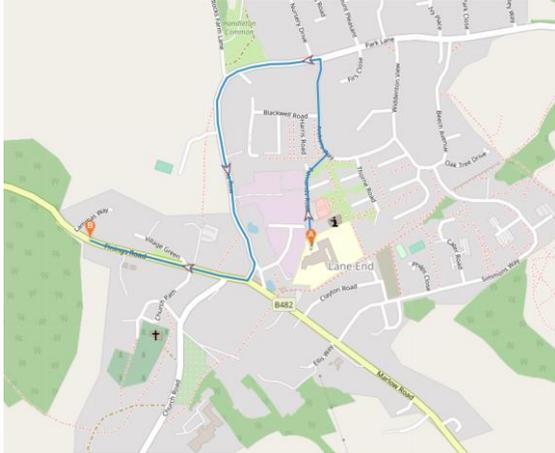
Please note that all riders must sign out at the end of the event as well as at the start. This is a new rule introduced by CTT and anyone not signing out will be classed as DNF.

OS Ref.	Description	Dist
806918	START on B482 approx 200 yards past the Cadmore End side of the Frieth crossroads in lay-by of Culver Graphics opposite lamp post no. 4.	0
	Proceed north to the junction with A40 at Stokenchurch. (M1)	4
	Turn left & continue to the junction with M40(J5). Turn right just before bridge over M40 (M2) onto old A40.	4.5
	Proceed to junction with minor road to Christmas Common. (M3)	5
	Turn left & continue through Christmas Common to junction with B480. (M4)	8.5
	Turn right and immediately left (M5) onto the B481. Proceed via Cookley Green to Nettlebed. (M6)	12.7
	Turn left onto A4130. Straight on at roundabout to junction with the A4155 at Henley. (M7)	18
	Turn left & continue through Medmenham to Marlow. (M8)	25
	At Ford garage turn left up Oxford Road and continue uphill to Frieth crossroads. (M9)	29
	Turn left to FINISH near Frieth Village Hall.	29.50

Course hazard notes. This is a sporting course on a number of lanes and hence road conditions aren't the best. 2up please worked together to avoid issues:

- 1- The road on leaving Henley through to Mill End has been surface dressed. It is clear of gravel, but a generally heavy surface.
- 2- Within 0.5 mile after Mill End several man hole covers are surrounded by poor surfaces.
- 3- Oxford Road after the left turn in Marlow has a poor surface over the cobbled / block paving section prior to the 1st left bend
- 4- Chalk Pit Lane to Frieth. Poor surface in a number of places. Depending on weather conditions prior to the event this lane can be shingle and other large debris on it. – Heads up riding.

Route from HQ to start



Finish back to HQ

